

**Magnolia Missionary Baptist Church of Beaumont**  
**Pastor: Pastor Dwight Benoit**  
**Superintendent: Ordained Minister Samuel O. Simon**  
**Lesson # 13 May 24, 2022, to May 29, 2022**

**Unit III: Liberating Letters**

**Subject: Choosing Well**

**Text: Galatians 5: 16 - 26**

**Key Verse: “If we live in the Spirit, let us also walk in the Spirit (Galatians 5: 25, KJV).”**

**Lesson Pointers:**

- 1) Spirit Freed (Galatians 5: 16 - 18)
- 2) Spirit Fruit (Galatians 5: 19 – 23)
- 3) Spirit Footpath (Galatians 5: 24 – 26)

**Introduction**

Do know that saints are not exempt from falling and giving into sin. Can you recall and event that happen in your life since you have been saved and became a Saint, which cause embarrassment in your life, for doing the thing that you are against, and to make things worse another Saint witness your ungodly behavior, causing you to wish that you had responded differently. Well, Paul saw that Peter were acting differently with the Jews than he was with the Gentiles, confronted Peter in front all that were in his present at Antioch, both Jews and Gentiles (Read Galatians 2: 11 – 20). You, see, we Christians are always on duty to represent Jesus Christ, and we must choose our words and actions carefully as if the LORD Jesus Christ is watching, because Jesus Christ is.

**Lesson Pointers**

**Lesson Pointer # 1**

- Spirit Freed (Galatians 5: 16 – 18)

Spirit Freed is to simply choose to walk by the Spirit to control fleshly desires (Galatians 5: 16). This natural fleshly desire impacts Saints as well as unbelievers who strives to walk daily with the LORD Jesus Christ. We Christians know at, the moment of salvation, we, are freed from the punishment and penalty of sin, however, sin is ever-present. The sinful flesh wars against the Spirit, causing even the very Saints vulnerable, to being, pulled and swayed by sinful thoughts (Galatians 5: 17). Thanks, be to GOD for HIS Spirit, which gives us power to overcome the flesh by GOD’S Spirit (Galatians 5: 18). So, Christians can live a successful life of sin by the unwavering reliance on the Holy Spirit of GOD.

**Choosing Well!**

**Lesson Pointer # 2**

- Spirit Fruit (Galatians 5: 19 – 23)

Paul gives us a list of the manifestations of the flesh. Paul says in Galatians 5: 19 that there are sensual sins, such, as adultery, fornication, and lasciviousness. Next Paul gives us the religious sins, such, as idolatry and witchcraft, then he includes the temperamental sins, such, as hatred, strife, seditions, heresies, envying and murder (Galatians 5: 20). Now in the next verse, Paul gives us the last of the list which is the acts of excess, such, as drunkenness, reveling, and such alike. Paul then reminds us that those who continue in these sins shall not inherit the Kingdom of GOD (Galatians 5: 21). Paul does not leave us without an antidote for living a successful life, he give us nine godly virtues of the fruit of the Spirit: (1) Love, agape love, which is unconditional and fully forgiving love; (2) Joy, that is

continually comforting happiness and is not predicated on happenings; (3) Peace, which is an inward harmonious relationship with others; (4) Longsuffering, which is the ability to hold out without seeking revenge; (5) Gentleness, having the ability to be kind to all; (6) Goodness, living an upright life; (7) Faith, trusting in GOD to work all things out for HIS (GOD'S) good; (8) Meekness, our ability to be humble; and (9) Temperance, which is the ability to maintain self-control. Paul then concludes by saying that against such there is no law (Galatians 5: 22 -23).

Choosing Well!

### Lesson Pointer # 3

- Spirit Footpath (Galatians 5: 24 – 26)

So, therefore, Paul connects the fruit of the Spirit to one's daily life in the Spirit. You see, the path that a Christian walk should always align with the Spirit of GOD, because walking step by step with the Spirit of GOD can only be, done when one is, crucified of fleshly desires (Galatians 5: 24). The Christians spiritual fruit is evident by what he or she does and not by what he or she says. This is evident because the flesh is, in conflict with the Spirit, so, we Christians are to walk in the Spirit (Galatians 5: 25). Now, Christians, as we become bold and confident in our spiritual walk with the LORD, we should avoid becoming prideful or self-righteous, or conceited, thinking that we are better than others (Galatians 5: 26). Believers are to live a Spirit- led life every day, showing themselves to be humble in this journey with the LORD, will receive the Spirit's power to overcome spiritual immaturity, weakness, and temptation, and shall become victorious believers to the glory of the LORD.

### Lesson Nuggets

- 1) The Spirit of GOD gives us the power to overcome the flesh (Galatians 5: 18; Romans 6: 14).
- 2) The manifestation of the flesh is, adultery, fornication, uncleanness, lasciviousness, Idolatry, witchcraft, hatred, variance, emulations, wrath, strife, seditions, heresies, envying's, murders, drunkenness, reveling, such things shall not inherit the Kingdom of GOD (Galatians 5: 19-21; Ephesians 5: 3; 1 Corinthians 6: 9).
- 3) The fruit of the Spirit is, love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, temperance: against such there is no law (Galatians 5; 22 – 23; Colossians 3: 12).
- 4) Know that the flesh lusteth against the Spirit (Galatians 5: 17; Romans 7: 15, 23).